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NEWS RELEASE – FOR IMMEDIATE RELEASE

Wednesday, August 10, 2016

RBHS student collapses on football field

LEXINGTON — This evening, Wednesday, August 10, 2016, shortly after 7 p.m. a 14-year-old River Bluff High School sophomore (male) collapsed on the football field during practice.

He was immediately assisted by two athletic trainers who were on site and a coach. They began medical treatment which included CPR and the use of an AED, defibrillator. An ambulance was called, and he was transported by ambulance to a local hospital.

The team began practice at 5 p.m. and practiced outside for about two hours and 15 minutes.

During practice the players took regular water breaks every 15 to 20 minutes during which the members are required to leave the field and drink water. There are water hoses available at all times and coolers and water.

Two to three athletic trainers are on hand at all times and help to monitor athletes and make sure that the athletes do take water breaks.

River Bluff High School coaches and administrators are in contact with the other football players and their parents/guardians and are keeping them updated.

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