

**SOUTH CAROLINA DEPARTMENT OF EDUCATION
SUMMARY TABLE OF THE STUDENT HEALTH AND FITNESS ACT OF 2005
ACT 102, R129, H3499**

ARTICLE	PARAGRAPH	SECTION	SUMMARY	
I PHYSICAL EDUCATION STANDARDS	59-10-10	A	1. Students in K-5 have the equivalent of 30 minutes of daily physical education (PE) and/or physical activity (PA). (150 minutes per week) 2. 2006-07 60 minutes PE and 90 minutes PA 3. By 2008-09 90 minutes PE and 60 minutes PA 4. Class size 28:1 average 5. Fitness reports to parents at 5th, 8th and high school. 6. Physical activity director to coordinate physical activity (see 59-10-30)	
		B	Waiver procedures 59-29-80 (3), medical excuses or religious excuse.	
		C	Districts report to SDE by June 15th each year daily physical education/activity for students by school, grade, and class. SDE will provide a state summary report to the General Assembly. First district report due 6/15/07.	
		D	Not to reduce time dedicated to instruction in the arts.	
		59-10-20		Student/Physical Education Teacher ratios for elementary schools: 2006-07 -- 700:1 2007-08 -- 600:1 2008-09 -- 500:1
		59-10-30	A	Elementary schools to designate a PE teacher to serve as Physical Activity Director and coordinate physical activity outside the scheduled PE time.
			B	Dance component may satisfy ¼ of required PE time.
			C	Volunteers may provide PA if approved by district superintendent. Physical activity director provides a report on the additional PA to Principal.
		59-10-40		Professional development to teachers and volunteers on relationship between PA and nutrition for academic performance and healthy lifestyles.
		59-10-50	A	Administer SC Physical Education Assessment (SCPEAP) in grades two, five, eight, and high school to assess PE standards and program effectiveness. Report to community on district and school report cards.
			B	Schools with unsatisfactory program scores will receive professional development.
		59-10-60		Districts have to ensure age appropriate equipment and facilities to meet standards.
	II NURSES	59-10-210		In 2007-08, the General Assembly shall provide funding for licensed school nurses for elementary school through an SDE grant program on a per school basis.
III NUTRITION STANDARDS	59-10-310		The State Board of Education to establish policy setting requirements for elementary school food service meals and competitive foods.	
		A	SDE will provide a coordinated school health model and professional development to schools.	
			B	SDE will develop and adopt a program assessment for SC Health and Safety Curriculum Standards and evaluate program effectiveness. Assessments pilot in 2006-07 and implement in 2008-09.
		59-10-330	A	By 2006-07, district to establish a Coordinated School Health Advisory Council (CSHAC) to assess, implement, and monitor district/school health policies and programs.
			B	Each district, with CSHAC, shall develop school health improvement plans to be included in required district strategic plan.
			C	School boards develop policies to limit vending sales and other sales of minimal nutritional items in elementary schools.
		59-10-340		CSHAC will determine which snacks may be sold in vending machines in elementary schools.
		59-10-350		All students in elementary schools will have 20 minutes to eat lunch once served.
		59-10-360		K-5 students receive a weekly nutrition lesson in health curriculum.
		59-10-370		Implementation of this act contingent on adequate funding.
	59-10-380		No limits on school fundraisers selling foods off-campus.	